



HIGH ADVENTURE TREK - CHECKLIST

A Scout is *prepared*, and this questionnaire should ensure that your Scout unit arrives prepared for their Swamp Base high adventure trek. Please note that this series of questions are not the only items needing to be reviewed prior to arriving. It is also essential to review the entire Swamp Base Leader's Guide before arriving. The Leader's Guide provides you with much of the information you'll need in order to plan and prepare for your trek.

1. **Has the trek crew submitted a \$500 deposit and received a Trek Crew #?**
 Yes No
2. **Has the trek crew paid the 1st Payment of \$2,500?**
 Yes No
3. **Has the trek crew submitted the Final Payment balance for their high adventure trek?** *Final payments are due to Swamp Base on or before March 1 of your trek year.*
 Yes No
4. **Has the trek crew completed and submitted the Final Roster Form to Swamp Base?** *This form includes final roster numbers and names. The Final Roster Form must be returned to Swamp Base by March 1st.*
 Yes No
5. **Are all participants registered as Scouts, BSA, Varsity Scouts, Venturers, Sea Scouts, Explorers or adult leaders?**
 Yes No
6. **Will all youth participants be 13 years old before their trek arrival date, and have ages been confirmed with a birth certificate?** *Appropriate ID and age verification must be presented during check-in on your Arrival Day.*
 Yes No
7. **Are all participants under the maximum weight for participation (295 lbs.)?**
 Yes No
8. **Have all participants completed the BSA Annual Health & Medical Form?** *This form is required for every participant at check-in on your Arrival Day.*
 Yes No

9. Has the Trek Advisor reviewed all completed BSA Annual Health & Medical Forms before arrival?

- Yes No

10. Have all participants passed the BSA Swim Test before arrival at the Beginner or Swimmer level? *This form is required for every participant at check-in on your Arrival Day.*

- Yes No

11. Does the trek crew include a minimum of two adult leaders? *Please note: For troops and teams, one of the adults must be over the age of 21; the other must be at least 18 years of age. For Venture Crews, both leaders must be at least 21, and if the crew is co-ed, you must have co-ed leadership, unless the co-ed has a parent participating.*

- Yes No

12. Have all registered adults completed BSA Youth Protection or Venturing Youth Protection training? *This form must be shown at check-in on your Arrival Day.*

- Yes No

13. Does at least one adult leader have the following trainings/certifications? *Place leader's name on the line. Copies of trainings and certifications must be brought with you to Swamp Base.*

- CPR _____ Safety Afloat _____
 First Aid _____ Weather Hazards _____
 Safe Swim Defense _____

14. Has the trek crew completed a gear shakedown prior to arrival? *A list of gear can be found in the Leader's Guide.*

- Yes No

15. Has the trek crew practiced paddling and determined the best pairings for the canoes prior to arrival?

- Yes No